Introduction

The 3rd International Symposium for Japanese Kampo Medicine (ISJKM) was held in Vienna, Austria on June 19, 2015.

The symposium was first organized by Dr. Heidrun Reissenweber-Hewel from Germany and held in Munich on November 25, 2011, by taking a cue from the 5th International Congress of Complementary Medicine Research (ICCMR), which was held in Tromsö, Norway in the previous year in 2010 in the style of a satellite symposium on Kampo medicine. It was the first attempt of its kind, but the symposium was well attended by some 80 participants and ended successfully.

The second ISJKM was held in London on April 10, 2013, ahead of the ICCMR for that year. Many participants flew in from Japan and took part in fruitful discussions.

The recent 3rd ISJKM, held in Vienna under the chairmanship of Dr. Bernd Kostner, became an even more productive forum in light of the experience of the past two symposiums. The conference room at Hotel de France, located near the University of Vienna, was crowded with some 80 participants who were already seated by 9 a.m. and waiting for the symposium to open. With the attendance of roughly 20 participants from Japan and 60 participants from Europe (Germany, Austria, Spain, and the United Kingdom), the United States, Brazil and Israel, the symposium venue was filled with an air of excitement from the start.

In addition to the Japan Society for Oriental Medicine, the symposium was also sponsored by the German Medical Association of Acupuncture (DÄGfA) and the Austrian Society for Acupuncture (ÖGA), and for the first time this year, it also received support from the Association of Pharmacists in Vienna. This is but one indication that Kampo medicine has become a subject of global-scale discussion.

Opening Ceremony and Symposium Proceedings

The symposium opened in a relaxed and friendly atmosphere, as Dr. Bernd Kostner, chairman of the symposium who resides in Vienna, gave a welcome address, followed by greeting remarks by Dr. Reissenweber-Hewel, Chairman of ISJKM, the chairman of ÖGA, and Dr. Stör, Chairman of DÄGfA.

The program was as follows.

Oral Presentation

Session A: Introduction and Historical Aspects

The special characteristics of Japanese Kampo Medicine
Heidrun Reisenweber-Hewel, Clinic for Japanese Medicine, and Competence Centre for Complementary Medicine, Techn. University, Munich, Germany

On the “Japanization” of materia medica studies (honzō-gaku) in 17th-century Japan
Wolfgang Michel-Zaitsu, Kyushu University, Fukuoka, Japan

How do medical illustrations of the Tokugawa period reflect Japanese society and science of the time?
Gretchen De Soriano, University of Westminster, London, UK

Session B: Preclinical Actions and Clinical Efficacy
Daikenchuto, a Kampo medicine, ameliorates post-operative ileus by anti-inflammatory action through nicotinic acetylcholine receptors
Tetsuro Oikawa, Kitasato University, Tokyo, Japan

Effects of Leonurus japonicus Houtt. and eight of its bio-active constituents on the activity of PPARα, β/δ, and γ in a newly developed in vitro luciferase reporter gene assay
Kenny Kuchta, Sanyo Gakuen University, Okayama, Japan

Clinical efficacy of Kampo therapy in pediatric lymphangiomas - a pilot study -
Naoki Hashizume, Kurume University, Kurume, Japan

Integration of a Kampo medicine, Nijutsuto, and Western medical treatment in the treatment of long-term refractory frozen shoulder: A case series
Young-Chang Arai, Aichi Medical University, Nagakute, Japan

Kampo medicine for alleviation of symptoms of pediatric cancer patients: A case series
Keiko Ogawa, Kanazawa University, Kanazawa, Japan

Session C: Standardization and Methodology of Kampo Medicine
Kampo practice standardization project
Hiroshi Odaguchi, Kitasato University, Tokyo, Japan

Visualization and standardization of Japanese Kampo Medicine by a large clinical database
Tetsuhiro Yoshino, Keio University, Tokyo, Japan
Systematic review on the use of Kampo diagnosis in randomized controlled trials of Kampo medicines
Yoshiharu Motoo, Kanazawa Medical University, Uchinada, Japan

Case report writing: A new competency for the internationalization of Kampo
Gregory Plotnikoff, Penny George Institute for Health and Healing, Minneapolis, USA

Session D: International Aspects of Kampo Medicine
Field trial of Traditional Medicine Chapter in ICD-11
Kenji Watanabe, Japan Society for Oriental Medicine, Tokyo, Japan and
Nenad Kostanjsek, WHO, Geneva, Switzerland

Registration of herbal medicinal products in the EU
Astrid Obmann, Austrian Medicines and Medical Devices Agency, Vienna, Austria

Poster Session
1. Kampo as a convenient approach to traditional Asian herbal medicine
Tobias Ahrens, University of Duisburg-Essen, Germany

2. Data from the electronic Publication on Kamp5 in Europe, and a strategy for Kampo UK in 2015
Takuya Furukawa, Gretchen De Soriano, Atsuko Fritz, UK Kampo Association, London, United Kingdom

3. Importance of postgraduate education in Kampo Medicine: A current survey of medical residents
Yoshinobu Nakada, Makoto Arai Department of Kampo Medicine, Tokai University School of Medicine, Kanagawa, Japan

4. A new non-contact method for measuring tongue moisture to assist in tongue diagnosis, and development of a Tongue Image Analyzing System (TIAS)

How can European physicians become acquainted with Kampo?
Ulrich Eberhard, Kampo Clinic, Madrid, Spain and Sigrid Bormann, Kampo Clinic, Luneburg, Germany
Takao Namiki\textsuperscript{1)}, Toshiya Nakaguchi\textsuperscript{2)}, Kanako Takeda\textsuperscript{3)}, Yuya Ishikawa\textsuperscript{1)}, Takeshi Oji\textsuperscript{1)}, Satoshi Yamamoto\textsuperscript{3)}, Norimichi Tsumura\textsuperscript{4)}, Keigo ueda, Koichi Nagamine, Yoichi Miyake\textsuperscript{4)}
\textsuperscript{1)} Department of Japanese-oriental (Kampo) Medicine, Graduate School of Medicine, Chiba University, \textsuperscript{2)} Center for Frontier Medical Engineering, Chiba University, \textsuperscript{3)} Graduate School of Engineering, Chiba University, \textsuperscript{4)} Graduate School of Advanced integration Science, Chiba University, Japan

5. **Shokenchuto, a popular Kampo Medicine for children: a retrospective study based on the experience of pediatric outpatient clinics**
   Akira Saito and Takeshi Sakiyama, Department of Pediatrics and General internal Medicine, St. Marianna University School of Medicine, Kanagawa, Japan

6. **Observing whole body responses to develop knowledge of a Kampo prescription**
   Shaun Sutton
   Clinic for Traditional East Asian Medicine, London, United Kingdom

7. **Hangekobokuto improves scores of ki-stagnation questionnaire more than other formulas**
   Mitsuyuki Takamura\textsuperscript{1)}, Hiromichi Yasui\textsuperscript{2)}, Kazuo Maruyama\textsuperscript{3)}
   \textsuperscript{1)} Mie University Hospital Kampo Medicine Department, \textsuperscript{2)} Yasui Clinic, Mie University Hospital Kampo Medicine Department, \textsuperscript{3)} Department of Anesthesiology and Critical Care Medicine, Mie University School of Medicine, Tsu, Japan

8. **Modifications to a new abdominal diagnosis simulator to reproduce patterns characterized by local Variations in resistance to pressure**
   Shuji Yakubo\textsuperscript{1)}, Yukiko Ueda\textsuperscript{2)}, Kazuhiro Muroga\textsuperscript{1)}, Naomichi Tanekura\textsuperscript{1)}, Tomoyuki Okudaira\textsuperscript{1)}, Toshifumi Sasanuma\textsuperscript{3)}, Masdayoshi Souma\textsuperscript{1)}, Takao Namiki\textsuperscript{3)}, Takashi Nakayama\textsuperscript{4)} and Kazufumi Yamanaka\textsuperscript{4)}
   \textsuperscript{1)} Division of integrated Herbal Medicine, Department of Medicine, Nihon University School of Medicine; \textsuperscript{2)} Kampo institute in Japan, \textsuperscript{3)} Department of Japanese-Oriental (Kampo) Medicine, Graduate School of Medicine, Chiba University, \textsuperscript{4)} Nomura Techno Co., Ltd.

9. **Efficacy of shigyakusan in modern society from a global perspective-stress evaluation by chronological analysis as comprehensive interview method**
   Den-ichiro Yamaoka
   Department of East Asian Traditional Medicine, Ehime Prefectural Central Hospital, Matsuyama, Japan

10. **Japanese herbal medicines (Kampo) in a German university**
    Silke Cameron
    Hospital Environment Department for Gastroenterology and Endocrinology, University Medicine Göttingen, Germany
Social Gathering

After the symposium program was completed, the participants headed to a heuriger in the suburbs of Vienna by bus. A heuriger is a wine tavern that is commonly found in eastern Austria. The mixed group from various countries took to eight tables of six to eight people each, and enjoyed the genial atmosphere while discussing academic issues, introducing themselves to each other, and sharing stories about their personal interests and a host of other topics. Time passed quickly, and it was close to 11 p.m. by the time everyone headed back home or to their hotels feeling fully content with the evening.

Conclusion

The 3rd ISJKM was completed in what could be said to be perfect success, owing to the passion and dedication of all who participated. The next symposium will be held in 2017 as a sort of foregoing event to the ICCMR that is scheduled to take place in Berlin. The participants of the 3rd ISJKM already have their hearts set on attending it. It will no doubt be a superb event.